

# Spring Summer Week 1

	<b><u>MONDAY 10</u></b>	<b><u>TUESDAY 11</u></b>	<b><u>WEDNESDAY 12</u></b>	<b><u>THURSDAY 13</u></b>	<b><u>FRIDAY 14</u></b>	<b><u>SATURDAY 15</u></b>	<b><u>SUNDAY 16</u></b>
<b>BREAKFAST</b>	<b><u>Includes:</u></b>	<b><u>Tea, Coffee, Milk, Juice, Cold Cereals, Toast and Fresh Fruit</u></b>					
<b>Feature</b>	Oatmeal, Fried Egg, Orange Wedge, White or Brown Toast	Oatmeal, Yogurt Parfait, White, Brown or Raisin Toast	Oatmeal, Scrambled Eggs, Orange Wedge, White or Brown Toast	Oatmeal, Bagel & Cream Cheese, Orange Wedge, Grapes, White, Brown or Raisin Toast	Oatmeal, Boiled Egg, Slice Cheese, Orange Wedge, White or Brown Toast	Oatmeal, Pancakes, Syrup White, Brown or Raisin Toast	Oatmeal, Eggs Over Easy, Home Fries, Bacon, White or Brown Toast
<b>LUNCH</b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>
<b>LUNCH SOUP</b>	Chicken Rice	Beef Barley	Italian Wedding	Hamburger	Garden Vegetable	Oriental Vegetable	Cabbage Rice
<b>LUNCH FEATURE</b>	BLT Wrap	Eggs Salad w/Pepper & Onion	Taco Salad:	Cold Plate:	BBQ Burgers	Salmon Sandwich	Chicken Fingers
<b>Side Dish</b>	Broccoli Salad	Cucumbers	Cucumber, Tomato, Salsa & Nacho Chips	Cheese, Bun, Cucumber, Tomato	Tomato, Pickles, Lettuce Onion		Macaroni Salad
<b>Vegetable /Salad</b>			Cheese, Sour Cream	Pea Salad	Potato Salad	Tomato Salad	Plum Sauce
<b>DESSERT</b>	Ice Cream	Rice Krispie Square	Cupcake w/Frosting	Éclair	Assorted Desserts	Pudding	Butter Tart
<b>DINNER</b>	<b><u>MASHED POTATOES ALWAYS AVAILABLE @ DINNER</u></b>						
	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day
<b>DINNER FEATURE</b>	Hot Turkey Sandwich	Hawaiian Chicken	Pizza Night	Chicken Alfredo w/Noodles	Haddock	Chinese Dinner:	Roast Beef & Gravy
<b>STARCH 1</b>	Mashed Potatoes	Rice Pilaf		Garlic Bread	French Fries	Chicken Balls	Garlic Mashed Potatoes
<b>Green Veg</b>	Peas	Mixed Vegetables		Caesar Salad	Corn	Rice Stir Fry	Squash Puree
<b>Colour Veg</b>	Butternut & Turnip Puree				Coleslaw	Veggie Roll	Yorkshire
<b>DESSERT</b>	Chocolate Cake w/Frosting	Mousse	Mini Cheesecake	Banana Loaf	Triple Chocolate Fudge	Jell-O w/Whipped Cream	Strawberry Pie

**ALWAYS AVAILABLE: GLUTEN FREE BREAD, TOSSED SALAD, ASSORTED JUICES, WATER, MILK, TEA, COFFEE, FRUITS, VANILLA ICE CREAM, YOGURT**

**SNACKS AVAILABLE: IN MCKAY LOUNGE & 2ND FLOOR AT 10AM, 3PM, 7:30PM**