

# Week 1

	<b><u>MONDAY 26</u></b>	<b><u>TUESDAY 27</u></b>	<b><u>WEDNESDAY 28</u></b>	<b><u>THURSDAY 29</u></b>	<b><u>FRIDAY 01</u></b>	<b><u>SATURDAY 02</u></b>	<b><u>SUNDAY 03</u></b>
<b>BREAKFAST</b>	<b><u>Includes:</u></b>	<b><u>Tea, Coffee, Milk, Juice, Cold Cereals, Toast and Fresh Fruit</u></b>					
<b>Feature</b>	Oatmeal, Egg McMuffin	Oatmeal, Everything Bagel w/ Herbed Cream Cheese	Oatmeal, Poached Egg, White or Brown Toast	Oatmeal, Fresh Baked Croissant, Fruit Cocktail, White or Brown Toast	Oatmeal, Scrambled Eggs, White or Brown Toast	Oatmeal, Banana Bread, Peaches, White or Brown Toast	Oatmeal, Over Easy Eggs, Home Fries, Bacon, White or Brown Toast
<b>LUNCH</b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>
<b>LUNCH SOUP</b>	Chicken Rice	Beef Vegetable	Tomato	Minestrone	Cream of Mushroom	Italian Wedding	Cream of Carrot
<b>LUNCH FEATURE</b>	Tuna Melt (Flaked Tuna on a Baguette Topped with Swiss Cheese)	Mac n Cheese Casserole	Ham Sandwich w/ Lettuce & Tomato	Pulled Pork on a Kaiser Bun	Potato Pancakes	Scrambled Eggs	Chicken Salad Sandwich
<b>Side Dish</b>	Cucumber Salad		Creamy Coleslaw	Vegetable Salad	Fried Onions	Sliced Cheese	Beets
<b>Vegetable /Salad</b>					Sour Cream	Slice Turkey	
<b>DESSERT</b>	Peanut Butter Square	Jell-O w/ whipped cream	Pears	Chocolate Éclair	Assorted Desserts	Butter Tart	Mandarins
<b>DINNER</b>	<b><u>MASHED POTATOES ALWAYS AVAILABLE @ DINNER</u></b>						
	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day
<b>DINNER FEATURE</b>	Pork Tenderloin with Mushroom Sauce	Smoked Brisket	Turkey Pot Pie w/ Gravy	Hawaiian Chicken	Lemon Sole w/ Tartar Sauce	Meat Lasagna	Roast Beef w/ Gravy and Yorkshire
<b>STARCH 1</b>	Rice Pilaf	Steamed Potato in Butter	Mashed Potato	Seasoned Rice	French Fries	Caesar Salad	Mashed Potato
<b>Green Veg</b>	Yellow and Green Beans	Fried Cabbage	Sweet Carrots	Cauliflower	Vinaigrette Coleslaw		Savory Carrots
<b>Colour Veg</b>		Fried Onion	Pureed Sweet Butternut Squash	Green Peas			French Style Green Beans
<b>DESSERT</b>	Peaches	Rice Pudding w/ Raisin	Chocolate Cake w/ Icing	Tapioca Pudding	Ice Cream with Caramel Sauce	Peanut Butter & Chocolate Cheesecake	Strawberry Pie with Ice Cream

**ALWAYS AVAILABLE AS A SUBSTITUTE: GLUTEN FREE BREAD, CHEF SALAD, ASSORTED JUICES, WATER, MILK, TEA, COFFEE, FRUIT COCKTAIL, VANILLA ICE CREAM YOGURT**

**SNACKS AVAILABLE: IN MCKAY LOUNGE & 2ND FLOOR AT 10AM, 3PM, 7:30PM**