

Week 5

	<u>MONDAY 25</u>	<u>TUESDAY 26</u>	<u>WEDNESDAY 27</u>	<u>THURSDAY 28</u>	<u>FRIDAY 29</u>	<u>SATURDAY 30</u>	<u>SUNDAY 31</u>
BREAKFAST	<u>Includes:</u>	<u>Tea, Coffee, Milk, Juice, Cold Cereals, Toast and Fresh Fruit</u>					
Feature	Oatmeal, Boiled Egg, White or Brown Toast	Oatmeal, French Toast & Syrup	Oatmeal, Yogurt, Slice of Cheese, White or Brown Toast	Oatmeal, Fried Egg, White or Brown Toast	Oatmeal, Waffles w/ Syrup	Oatmeal, Boiled Egg, White or Brown Toast	Oatmeal, Egg Over Easy, Sausage, White or Brown Toast
LUNCH	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>
LUNCH SOUP	Potato w/ Sausage	Chicken Noodle	Cream of Broccoli	Tomato	Creamy Vegetable	Hamburger	Cream of Cauliflower
LUNCH FEATURE	Smoked Meat Sandwich	Perogies w Fried Onions	Grilled Cheese w/ Bacon	Chicken Fingers	Fish Nuggets w/ Tartar Sauce	Soup & Egg Sandwich Served Together	Chicken Caesar Salad
Side Dish	Pickles		Celery Stick	Caesar Salad	French Fries		Fresh Bun
Vegetable /Salad					Coleslaw		
DESSERT	Pears	Nanaimo Bar	Lemon Tart	Pudding	Assorted Desserts	Mandarins	Angel Food Cake w/ Berries
DINNER	<u>MASHED POTATOES ALWAYS AVAILABLE @ DINNER</u>						
	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day
DINNER FEATURE	Hawaiian Chicken	Beef Stir Fry	Pizza	Breakfast for Supper	Mushroom Spinach Alfredo Pasta	Turkey Schnitzel w/Mushroom Sauce	Turkey w/Gravy, Dressing, & Cranberries
STARCH 1	Mashed Potato	Rice	Pepperoni, Bacon, Sausage	Scrambled Eggs, Fresh Cut Home Fries, Bacon	Bruschetta Bread	Mashed Potato	Mashed Potato
Green Veg	Fried Onion &	Stir Fry Vegetables	Mushroom	White or Brown Toast		Broccoli	Peas
Colour Veg	Red Pepper		Onion			Cauliflower	Carrots
DESSERT	Brownie	Jell-O w/ Whipped Cream	Sundae	Date Square	Ice Cream with Caramel or Frozen Yogurt	Bread Pudding	Pumpkin Pie

ALWAYS AVAILABLE AS A SUBSTITUTE: GLUTEN FREE BREAD, CHEF SALAD, ASSORTED JUICES, WATER, MILK, TEA, COFFEE, FRUIT COCKTAIL, VANILLA ICE CREAM YOGURT

SNACKS AVAILABLE: IN MCKAY LOUNGE & 2ND FLOOR AT 10AM, 3PM, 7:30PM