

Spring Summer Week 1

	MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5	SATURDAY 6	SUNDAY 7
BREAKFAST	<u>Includes:</u>	<u>Tea, Coffee, Milk, Juice, Cold Cereals, Toast and Fresh Fruit</u>					
Feature	Oatmeal, Scrambled Egg, Tomato, White or Brown Toast	Oatmeal, Peanut Butter & Banana Smoothie, White or Brown Toast	Oatmeal, Scrambled Eggs, Orange Wedge, White or Brown Toast	Oatmeal, Yogurt, Berry & Granola, White, Brown Toast	Oatmeal, Boiled Egg, Fruit, White or Brown Toast	Oatmeal, Waffles & Syrup, Berries	Oatmeal, Eggs over Easy, Home Fries, Bacon, White or Brown Toast
LUNCH	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>
LUNCH SOUP	Chicken Rice	Potato	Navy Bean	Cream of Mushroom	Tomato	Beef Barley	Hamburger
LUNCH FEATURE	RVH Chicken Salad cut in Four	Cheese Omelette	Pin Wheel Sandwich	Cobb Salad	Grilled Cheese	Personal Pan Pizza	Greek Salad
Side Dish	White Bean & Pepper Salad		Fries		Sliced Cucumber		Bruschetta Bread
Vegetable /Salad		Berry Salad		Vegetable Salad			
DESSERT	Black Cherry Ice Cream	Butter Tart	Ginger Cookie	Jell-O Fruit Salad	Assorted Desserts	Cupcakes w/ Icing	Banana Loaf
DINNER	<u>MASHED POTATOES ALWAYS AVAILABLE @ DINNER</u>						
	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day
DINNER FEATURE	Turkey Schnitzel, Sour Cream, Fried Onion	Pork Loin w/ Mushroom Gravy	Chicken Breast w/ Peach Glaze	Ribette w/ Honey Mustard	Lemon Sole	BBQ Sausage & Mustard on a Bun	Roast Beef w/Gravy
STARCH 1	Oven Roasted Potato	Mashed Potato au Gratin	Wild Rice	Parisienne Roasted Potato	Seasoned Rice	Potato Salad	Mashed Potato
Green Veg	Green Peas		Creamy Brussel Sprouts	Coleslaw	Broccoli		Green Peas
Colour Veg	Butternut Squash	California Blend Vegetable		3 Bean Salad		Sauerkraut	Sweet Carrot
DESSERT	Chocolate Cake w/Frosting	Mousse	Fruit Cocktail	Eclairs	Ice Cream	Chocolate Marshmallow Square	Strawberry Rhubarb Pie w/ Ice Cream

ALWAYS AVAILABLE: GLUTEN FREE BREAD, TOSSED SALAD, ASSORTED JUICES, WATER, MILK, TEA, COFFEE, FRUITS, VANILLA ICE CREAM, YOGURT

SNACKS AVAILABLE: IN MCKAY LOUNGE & 2ND FLOOR AT 10AM, 3PM, 7:30PM