## Spring Summer Week 2

|  | MONDAY 8 | TUESDAY 9 | WEDNESDAY 10 | THURSDAY 11 | FRIDAY 12 | SATURDAY 13 | SUNDAY 14 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BREAKFAST | Includes: | Tea, Coffee, Milk, Juice, Cold Cereals, Toast and Fresh Fruit |  |  |  |  |  |
| Feature | Oatmeal, Fried Egg, Sliced Tomato, White or Brown Toast | Oatmeal, Granola and Strawberry Rhubarb Parfait | Oatmeal, Egg \& Bacon McMuffin w/ Cheese | Oatmeal, Cottage Cheese, Berries, White or Brown Toast | Oatmeal, Cheese Omelette, White or Brown Toast | Oatmeal, Blueberry Bagel w/ Cream Cheese, Sausage | Oatmeal, Scrambled Egg, Sliced Cheese, Slice Deli Turkey, White or Brown Toast |
| LUNCH | Chef Salad | Chef Salad | Chef Salad | Chef Salad | Chef Salad | Chef Salad | Chef Salad |
| LUNCH SOUP | Cream of Broccoli | Pizza | Vegetable | Cream of Potato | Minestrone | Cream of Mushroom | Italian Wedding |
| LUNCH FEATURE | Shaved Roast Beef, Fried Onion, Served on a Fresh Bun | Soup \& Salad Combo | Chicken Burrito Bowl (Rice, Chicken, | RVH Egg Salad Sandwich | Fish Sticks w/ Tartar Sauce | Chicken Nacho w/ Sour Cream | Spinach Salad w/ Mandarin, Feta Cheese, Red Pepper, |
| Side Dish | Bacon \& Pea Salad | Caesar Salad | Mixed Beans, Chopped Tomato, | Cucumber \& Tomato Salad w/ Red Onion | French Fries |  | Raisin, \& Choice of Toasted Walnuts |
| Vegetable /Salad |  |  | Cheddar Cheese, Sour Cream |  | Coleslaw |  | Choice of Dressing |
| DESSERT | Lemon Loaf | Peaches | Doughnuts | Vanilla Cake w/ Warm Caramel Sauce | Assorted Dessert | Ice Cream Sandwich | Cherry Tart w/ Whipped Cream |
| DINNER | MASHED POTATOES ALWAYS AVAILABLE @ DINNER |  |  |  |  |  |  |
|  | Tossed Salad \& Soup of the Day | Tossed Salad \& Soup of the Day | Tossed Salad \& Soup of the Day | Tossed Salad \& Soup of the Day | Tossed Salad \& Soup of the Day | Tossed Salad \& Soup of the Day | Tossed Salad \& Soup of the Day |
| DINNER <br> FEATURE | Veal Pattie in a Tomato Basil Sauce | Lemon Herb Marinated Pork Chop | Cabbage Rolls | Beef Stir-Fry | Vegetarian Lasagna | Bacon Cheeseburger w/ the Works, Served on a Fresh Burger Bun | Roasted Chicken w/ Cranberry \& Gravy |
| STARCH 1 | Fettuccini Noodle | Paprika Roasted Potato | Mashed Potato | Seasoned Rice | Garlic Bread | Asian Cucumber Salad | Mashed Potato |
| Green Veg | Fried Mushrooms | Cream Corn | Peas | Stir Fry Vegetable ( Sauteed with Tender Beef Strips in a Honey Garlic Sauce) |  | Julienne Strips of Cucumber, Carrot, Red Onion, | Green Beans |
| Colour Veg | Fried Onions | Carrots | Steamed Cauliflower |  |  | Marinated in a Vinaigrette) | Stuffing, Carrots |
| DESSERT | Chocolate Pudding | Jell-O w/ Whipped Cream | Trifle | Rice Krispie Square | Special Flavor Ice Cream | Chefs Choice of Fresh Fruit | Lemon Meringue Pie |

ALWAYS AVAILABLE: GLUTEN FREE BREAD, TOSSED SALAD, ASSORTED JUICES, WATER, MILK, TEA, COFFEE, FRUITS, VANILLA ICE CREAM, YOGURT
SNACKS AVAILABLE: IN MCKAY LOUNGE \& 2ND FLOOR AT 10AM, 3PM, 7:30PM

