Spring Summer Week 2

	MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12	SATURDAY 13	SUNDAY 14
BREAKFAST	Includes:	Tea, Coffee, Milk, Juice, Cold Cereals, Toast and Fresh Fruit					
Feature	Oatmeal, Fried Egg, Sliced Tomato, White or Brown Toast	Oatmeal, Granola and Strawberry Rhubarb Parfait	Oatmeal, Egg & Bacon McMuffin w/ Cheese	Oatmeal, Cottage Cheese, Berries, White or Brown Toast	Oatmeal, Cheese Omelette, White or Brown Toast	Oatmeal, Blueberry Bagel w/ Cream Cheese, Sausage	Oatmeal, Scrambled Egg, Sliced Cheese, Slice Deli Turkey, White or Brown Toast
LUNCH	Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad
LUNCH SOUP	Cream of Broccoli	Pizza	Vegetable	Cream of Potato	Minestrone	Cream of Mushroom	Italian Wedding
LUNCH FEATURE	Shaved Roast Beef, Fried Onion, Served on a Fresh Bun	Soup & Salad Combo	Chicken Burrito Bowl (Rice, Chicken,	RVH Egg Salad Sandwich	Fish Sticks w/ Tartar Sauce	Chicken Nacho w/ Sour Cream	Spinach Salad w/ Mandarin, Feta Cheese, Red Pepper,
Side Dish	Bacon & Pea Salad	Caesar Salad	Mixed Beans, Chopped Tomato,	Cucumber & Tomato Salad w/ Red Onion	French Fries		Raisin, & Choice of Toasted Walnuts
Vegetable /Salad			Cheddar Cheese, Sour Cream		Coleslaw		Choice of Dressing
DESSERT	Lemon Loaf	Peaches	Doughnuts	Vanilla Cake w/ Warm Caramel Sauce	Assorted Dessert	Ice Cream Sandwich	Cherry Tart w/ Whipped Cream
DINNER	MASHED POTATOES ALWAYS AVAILABLE @ DINNER						
	Tossed Salad &	Tossed Salad &	Tossed Salad &	Tossed Salad &	Tossed Salad &	Tossed Salad &	Tossed Salad &
DINNER FEATURE	Soup of the Day Veal Pattie in a Tomato Basil Sauce	Lemon Herb Marinated Pork Chop	Soup of the Day Cabbage Rolls	Soup of the Day Beef Stir-Fry	Soup of the Day Vegetarian Lasagna	Soup of the Day Bacon Cheeseburger w/ the Works, Served on a Fresh Burger Bun	Soup of the Day Roasted Chicken w/ Cranberry & Gravy
STARCH 1	Fettuccini Noodle	Paprika Roasted Potato	Mashed Potato	Seasoned Rice	Garlic Bread	Asian Cucumber Salad	Mashed Potato
Green Veg	Fried Mushrooms	Cream Corn	Peas	Stir Fry Vegetable (Sauteed with Tender Beef Strips in a Honey Garlic Sauce)		Julienne Strips of Cucumber , Carrot, Red Onion,	Green Beans
Colour Veg	Fried Onions	Carrots	Steamed Cauliflower			Marinated in a Vinaigrette)	Stuffing, Carrots
DESSERT	Chocolate Pudding	Jell-O w/ Whipped Cream	Trifle	Rice Krispie Square	Special Flavor Ice Cream	Chefs Choice of Fresh Fruit	Lemon Meringue Pie

ALWAYS AVAILABLE: GLUTEN FREE BREAD, TOSSED SALAD, ASSORTED JUICES, WATER, MILK, TEA, COFFEE, FRUITS, VANILLA ICE CREAM, YOGURT

SNACKS AVAILABLE: IN MCKAY LOUNGE & 2ND FLOOR AT 10AM, 3PM, 7:30PM