

# Spring Summer Week 3

	<b><u>Monday 15</u></b>	<b><u>Tuesday 16</u></b>	<b><u>Wednesday 17</u></b>	<b><u>Thursday 18</u></b>	<b><u>Friday 19</u></b>	<b><u>Saturday 20</u></b>	<b><u>Sunday 21</u></b>
<b>BREAKFAST</b>	<b><u>Includes:</u></b>	<b><u>Tea, Coffee, Milk, Juice, Cold Cereals, Toast and Fresh Fruit</u></b>					
<b>Feature</b>	Oatmeal, Fruit, Poached Egg, White or Brown Toast	Oatmeal, Pineapple Banana Smoothie, White or Brown Toast	Oatmeal, Egg Over Easy, Sausage, White or Brown Toast	Oatmeal, Boiled Egg, Slice Cheese, White or Brown Toast	Oatmeal, Everything Bagel w/ Cream Cheese	Oatmeal, Berry French Toast Casserole w/ Syrup	Oatmeal. Scrambled Egg, Bacon, White or Brown Toast
<b>LUNCH</b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>	<b><u>Chef Salad</u></b>
<b>LUNCH SOUP</b>	Butternut Squash	Pea Soup	Beef Barley	Tomato	Mushroom	Cream of Potato	Vegetable
<b>LUNCH FEATURE</b>	Chicken Caesar Pasta Salad	Soup and Sandwich Combo	Chicken Fingers w/ Sweet & Sour Sauce	Soup and Sandwich Combo	Fish Taco Bowl (Seasoned Rice, White Fish, Mixed Beans)	Chicken Caesar Wrap	Avocado Toast (on Toasted Sour Dough)
<b>Side Dish</b>	Garlic Bread	Ham and Cheese w/ Mayo-Mustard Mix	French Fries	Grilled Cheese w/ Bacon	Red and Green, Aioli	Broccoli Salad	Sliced Tomato
<b>Vegetable /Salad</b>			Coleslaw				
<b>DESSERT</b>	Blueberry Cake w/ Whipped Cream	Warm Butter Tart w/ Ice Cream	Jell-O	Warm Brownie w/ Crème Anglais	Assorted Dessert	Marble Loaf	Fruit Cocktail
<b>DINNER</b>	<b><u>MASHED POTATOES ALWAYS AVAILABLE @ DINNER</u></b>						
	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day
<b>DINNER FEATURE</b>	Swiss Steaks	Hawaiian Chicken	Honey Garlic Meatballs	Sweet and Sour Pork Stir-Fry	Blueberry Pancakes w/ Syrup	Hot Hamburger Sandwich w/ Gravy	Roasted Ham w/ Honey Mustard
<b>STARCH 1</b>	Mashed Potato	Wild Mushroom Rice	Fettuccini Noodles	White Rice	Fresh Fruit	French Fries	Scallop Potato
<b>Green Veg</b>	Fried Onions	Fried Onions & Peppers	Sauteed Green & Yellow Zucchini	Stir Fry Vegetable		Peas	Baked Beans
<b>Colour Veg</b>	Beets					Diced Carrots	Yellow & Green Beans
<b>DESSERT</b>	Pudding w/ Wafer Cookie	Raspberry Coconut Square	Pears	Crème Puff w/ Whipped Cream & Berries	Strawberry Cheesecake	Ice Cream w/ Caramel Sauce	Raisin Pie w/ Ice Cream

**ALWAYS AVAILABLE AS A SUBSTITUTE: GLUTEN FREE BREAD, CHEF SALAD, ASSORTED JUICES, WATER, MILK, TEA, COFFEE, FRUIT COCKTAIL, VANILLA ICE CREAM YOGUR**

**SNACKS AVAILABLE: IN MCKAY LOUNGE & 2ND FLOOR AT 10AM, 3PM, 7:30PM**

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