Sunday Tuesday Monday Wednesday Thursday Friday Saturday February 2025 9:30 Drum Fit – LL **5** 8:30 Storage Room Opened 9:15 Chair Exercises – 2nd ♠ 9:30 Chair Exercises – 2nd **6** 9:00 Tuck Shop – 2nd 10:30 Valentine's Day (Duration: One hour) 9:45 Book Club - L 10:30 Travel Log Video to 10:00 Bus trip: East-End Mall Centerpiece Craft – LL Maritime – LL Sign Up Needed 9:30 Hymn Sing Along – LL 10:30 Coffee and News - ML 1:00 Snowman Building – 2nd 1:00 Valentine's Day Craft – 2nd 1:30 Walking Club - ML 10:30 Exercise Bingo – LL 1:30 Chair Exercises – 2nd 1:30 Axe Throwing – LL 2:30 Baking Club: 1:30 Wii Bowling – LL 2:30 Live Music: Gillan 1:45 Stronger U Exercises – LL Maple Doodles – CK 2:30 Euchre/ Uno Card Rutz – LL (Birthday Party) 2:30 Bingo – LL (50¢ a Card) Game – LL 2:30 Bingo – LL (50¢ a Card) Groundhog Day 9:30 Sweetheart Toss – LL 10 9:15 Chair Exercises – 2nd 11 10:30 Lutheran Service - C 12 9:30 TV Hymn Sing Along - L13 15 (Pink and Red Day) 14 (St. Johns Church) 9:00 Tuck Shop – 2nd 10:30 Travel Log Video to 10:00 Bus Trip: Winners 1:00 Balloon Exercises – 2nd 10:30 Bingo – LL (50¢ a card) 9:45 Cupid Throw – LL Paris - LL Sign Up Needed 10:30 Coffee and News – ML 2:00 Life Enrichment Meeting 1:00 Valentine's Day /alentine's Special Lunch 1:00 Grades 1 & 2 Snowman 1:00 Valentine Bean Bag with Jessica – LL Short Stories – 2nd (During Regular Lunch Hours) Toss – 2nd Building Visit – P 2:30 Valentine's 1:30 Chair Exercises – 2nd 1:30 Nail Painting – LL Sing Along – LL 1:45 Stronger U Exercises – LL 2:30 Sing- Along with 3:30 Storage Room Opened 2:30 Baking Club: Ainsleigh - LL 2:30 Bingo – LL (50¢ a Card) Heart Cookies - CK (Duration: One hour) 2:30 Valentine's Day Party – LL **18** 9:30 Drum Fit – LL 19|9:30 Hymn Sing Along – LL 20|9:00 Tuck Shop – 2nd 17 9:15 Chair Exercises – 2nd 21 **22** 10:30 Yahtzee – LL 9:45 Book Club – L 10:00 Bus trip: Walmart 10:30 Chair Yoga Dance - LL Sign Up Needed 2:00 Chair Exercises - 2nd 10:30 Coffee and News – ML 1:00 Montessori Sorting – 2nd 1:00 Laughter Yoga – 2nd 2:15 Food for Thought Meeting :30 Chair Exercises – 2nd 1:45 Stronger U Exercises – LL with Brendan - LL 2:00 Family Presentation—LL 2:30 Piano Music: 2:30 Bingo – LL (50¢ a card) 3:30 Author: Amy Belder Joan Hewitt – ML 3:00 Bingo – LL (50¢ a Card) Presentation - LL 9:30 Chair Yoga – LL 25 9:30 Chair Exercises – 2nd 26 9:30 TV Hymn Sing Along – L 9:00 Tuck Shop – 2nd 9:15 Chair Exercises – 2nd 28 9:45 Bowling – LL 10:30 Travel Log Video to 10:00 Jeopardy Trivia – LL 10:30 Horse Races – LL 10:30 Musical Bingo – LL (25 Cents a Game) France – LL 10:30 Coffee and News – ML 1:00 Parachute Game – 2nd 2:00 Laugher Yoga – 2nd 1:00 Balloon Game – 2nd 1:30 Walking Club – ML 1:30 Chair Exercises – 2nd 1:30 Men's Club - LL 2:30 Keyboard Music: Peter 1:45 Stronger U Exercises – LL (Topic: 50's Era Gas Station) 2:30 Baking Club: Brown Sugar 2:30 Piano Playing with Boczar – LL Fudge – CK Phil Cottrell – ML 2:30 Bingo – LL (50¢ a Card) 2:30 Bingo – LL (50¢ a Card) C-Chapel 2nd-Second floor LL-Lower level **CK-Country Kitchen** ML-McKay Lounge P-Patio G-Gazebo Locations for programs: