

	<u>MONDAY 27</u>	<u>TUESDAY 28</u>	<u>WEDNESDAY 29</u>	<u>THURSDAY 30</u>	<u>FRIDAY 31</u>	<u>SATURDAY 1</u>	<u>SUNDAY 2</u>
BREAKFAST	<u>Includes:</u>	<u>Tea, Coffee, Milk, Juice, Cold Cereals, Toast and Fresh Fruit</u>					
Feature	Oatmeal, Bagel w/ Cream Cheese	Oatmeal, Scrambled Eggs, Sliced Cheese, Fruit, White or Brown Toast	Oatmeal, Banana Smoothie, Homemade Muffin, Pears	Cheese Omelette, Orange Wedge, White or Brown Toast	Oatmeal, English Muffin w/ Stewed Rhubarb, White or Brown Toast	Oatmeal, Boiled Egg, Sliced Cheese, Fruit, White or Brown Toast	Oatmeal, Egg Over Easy, Home Fries. Sausage, White or Brown Toast
LUNCH	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>
LUNCH SOUP	Tomato	Broccoli	Chicken Barley	Butternut Squash	minestrone	Beef Rice	Cream of Mushroom
LUNCH FEATURE	Soup & Sandwich Combo (Pesto Grilled Cheese)	Hearty Beef Stew	Toasted Western	French Toast w/ Syrup	Winter Salad (Spinach, Mandarins, Boiled Egg, Cucumber, Chicken)	Fluffy Pancakes w/ Homemade Berry Sauce	Deli Sandwich w/ Lettuce, Tomato, & Mustard
Side Dish		Fresh Bun	Hash Brown	Bacon		Bacon	Macaroni Salad
Vegetable /Salad							
DESSERT	Rice Krispie	Eclair	Mandarins	Jello w/ Whipped Cream	Pudding	Ginger Cookie	Lemon Loaf w/ Glaze
DINNER	<u>MASHED POTATOES ALWAYS AVAILABLE @ DINNER</u>						
	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day
DINNER FEATURE	Choice of Salsbury Steak or Liver w/ Mushroom Gravy	Vegetable Lasagna	Chinese New Year Sweet n Sour Chicken (Chicken, Onion, Peppers)	Macaroni, Tomato, & Beef Casserole	Breaded Haddock w/ Tartar Sauce	Hamburger (Lettuce, Tomato, Onion, Pickle, Mustard, Ketchup)	Roast pork w/ Gravy
STARCH 1	Mashed Potato		Egg Fried Rice	Garlic Bread	Roasted Potatoes	Potato Chips	Mashed Potato
Green Veg	Fried Onions	Side Salad	Chop Suey	Tossed Salad	Coleslaw		Savory Parsnips
Colour Veg	Cream Corn		Egg Roll				Sweet Carrots
DESSERT	Cake w/ Ice Cream	Fruit Cocktail w/ Wafer Cookie	Brownie w/ Caramel Sauce	Doughnut	Date Square	Smore's Cookie	Banana Cream Pie w/ Whipped Cream

ALWAYS AVAILABLE: GLUTEN FREE BREAD, TOSSED SALAD, ASSORTED JUICES, WATER, MILK, TEA, COFFEE, FRUITS, VANILLA ICE CREAM, YOGURT

SNACKS AVAILABLE: IN MCKAY LOUNGE & 2ND FLOOR AT 10AM, 3PM, 7:30PM