

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

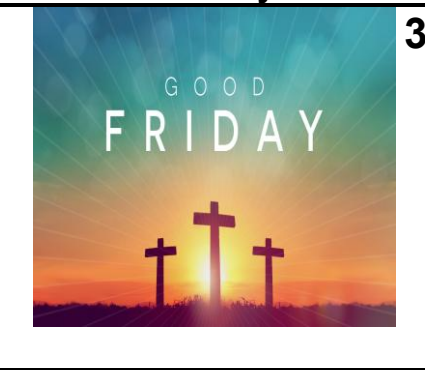
Saturday



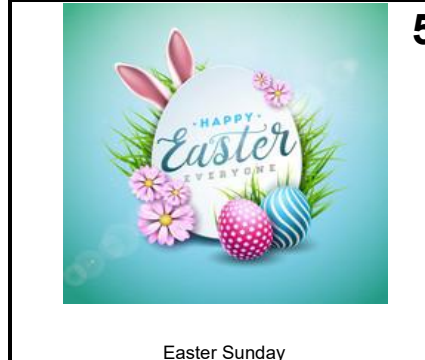
April 2026

9:30 Mad lib word game – LL **1**
 10:30 Hilarious headlines of the 1960's – ML
 11:00 Storage room opened
 Duration: one hour
 11:00 Walker labeling – LL
 2:30 Happy hour with Jessica - ML
All Fools' Day
 Passover Begins

9:30 Hymn sing-along – LL **2**
 10:00 Easter scavenger hunt with grade four students – LL
 1:45 Information session on Massage Therapy – LL
 2:45 Bingo – LL (50¢ a card)



3
4



5
6
 2:30 Bingo – LL (50¢ a card)

7
 9:30 Chair exercises – LL **8**
 10:30 Lutheran service – C (Zion Church)
 1:30 Fitness trivia – LL
 2:00 Food For thought Meeting with Brendan – LL
 2:45 Music: Homemade Jam – LL

9:00 Catholic service – LL **9**
 10:30 Axe throwing – LL
 1:30 Chair exercises – LL
 2:45 Bingo – LL (50¢ a card)

9:30 Tuck cart – 2nd **10**
 10:30 Coffee and News – ML
 1:30 Chair exercises – LL
 2:30 Birthday Party
 Entertainment: Gillan Rutz – LL

11

12
 9:30 Drum fit – LL
 10:30 Travelogue video: Canary Island – LL
 1:30 Walking club – ML
 2:30 Baking club: Oatmeal Cookies – CK

13
 9:30 Chair exercises – LL **14**
 10:00 Bus trip: East-end Mall
 Sign up is needed.
 1:30 Fitness trivia – LL
 2:00 Stronger U exercises – LL
 2:45 Bingo – LL (50¢ a card)

9:30 Chair exercises – LL **15**
 10:30 Axe throwing – LL
 1:30 Writing to pen pals – LL (Highview Elementary)
 2:15 Town Hall with Debbie – LL
 2:45 Storage room opened
 Duration: one hour

9:30 Hymn sing-along – LL **16**
 10:30 Chair Exercise-LL
 1:30 Name That Tune – LL
 2:00 Stronger U exercises – LL
 2:45 Bingo – LL (50¢ a card)

Holy Thursday
 9:30 Tuck cart – 2nd **17**
 10:30 Coffee and News – ML
 1:30 Chair exercises – LL
 2:30 Entertainment: Over the Hill Country – LL

18

19
 9:30 Drum fit – LL
 10:30 Travelogue video: Norway – LL
 1:30 Walking club – ML
 2:30 Paint Social – ML

20
 9:15 Chair exercises – LL **21**
 10:00 Bus trip: Giant Tiger
 Sign up is needed.
 1:30 Fitness trivia – LL
 2:00 Stronger U exercises – LL
 2:45 Bingo – LL (50¢ a card)

9:30 Chair exercises – LL **22**
 10:30 Balloon volleyball – LL
 1:30 Manicures – LL
 2:30 Earth Day presentation with Ann McKay – LL
Earth Day
 Administrative Professionals Day

9:30 Hymn sing-along – LL **23**
 10:30 Chair exercises – LL
 1:30 Entertainment: Michael Gulliver – LL
 2:45 Bingo – LL (50¢ a card)

9:30 Tuck cart – 2nd **24**
 10:30 Coffee and News – ML
 1:30 Chair exercises – LL
 2:30 Entertainment: Memories – LL
Arbor Day

25


26
 9:30 Drum fit – LL
 10:30 Travelogue: Cuba – LL
 1:30 Walking club – ML
 2:30 Baking club: Cupcakes – CK

27
 9:15 Chair exercises – LL **28**
 10:00 Bus trip: East-end Mall
 Sign up is needed.
 1:30 Fitness trivia – LL
 2:00 Stronger U exercises – LL
 2:45 Bingo – LL (50¢ a card)

9:30 Chair exercises – LL **29**
 10:30 Balloon volleyball – LL
 1:30 Euchre/Crazy 8's – LL
 2:30 Musical Entertainment with Gerald Chassie – LL

9:30 Hymn sing-along – LL **30**
 10:30 Manicures – LL
 1:30 Chair Exercises -LL
 2:00 Stronger U exercises – LL
 2:45 Bingo – LL (50¢ a card)

Please check the daily activity poster by Reception.



30

Locations of programs: LL - Lower-level CK- Country Kitchen ML – Mackay Lounge C-Chapel L-Library