

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
BREAKFAST	<u>Includes:</u>	<u>Tea, Coffee, Milk, Juice, Cold Cereals, Toast and Fresh Fruit</u>					
Feature	Oatmeal/Cereal, Fresh Baked Cinnamon Bun, Mandarins	Oatmeal/Cereal, Egg, Bacon, and Cheese McMuffin, Orange Wedge	Oatmeal/Cereal, Berry Smoothie, Fresh Baked Muffin, Orange Slice	Oatmeal/Cereal, Mushroom Cheese Omelette, White or Brown Toast	Oatmeal/Cereal, Golden Fluffy Banana Pancakes w/ Syrup	Oatmeal/Cereal, Boiled Eggs, Breakfast Sausage, White or Brown Toast	Oatmeal/Cereal, Cheddar and Broccoli Quiche, White or Brown Toast
LUNCH	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>
LUNCH SOUP	Sweet and Sour Pork	Taco	Cream of Potato	Tortellini	Butternut Squash	Chicken Noodle	Cream of Asparagus
LUNCH FEATURE	Soup Sandwich Combo (Ham Salad)	Mandarin Chicken and Spinach Salad	Soup Sandwich Combo (BLT)	Soft Pork Taco (Marinated Cabbage, Red Onion, Corn Salsa,	Eggs Benedict Topped w/ Cheese, Asparagus, and Hollandaise	Soup Sandwich Combo (Pizza Grilled Cheese)	Potato Pancake w/ Fried Onion, and Bacon
Side Dish		Bread Stick		Sour Cream			Sour Cream or Syrup
Vegetable /Salad	Carrot Stick		Sliced Cucumber	Southern Pasta Salad	Fruit Cocktail	Celery Stick	
DESSERT	Jello w/ Whipped Cream	Chocolate Chip Brownie	Ice Cream Cone	Peaches	Ginger Snaps	Pudding w/ Wafer Cookie	Black Magic Cake
DINNER	<u>MASHED POTATOES ALWAYS AVAILABLE @ DINNER</u>						
	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day	Tossed Salad & Soup of the Day
DINNER FEATURE	Turkey schnitzel with Fried Mushrooms, Sour Cream	Pork Souvlaki w/ Tzatziki Sauce	Meat loaf w/ Gravy	RESIDENT RECIPE Golden Mushroom Chicken Casserole	Lemon Sole w/ Tartar Sauce	BBQ Burger (Lettuce, Onion, Tomato, Pickle	Smoked Ham w/ Baked Beans
STARCH 1	Mashed Potato	Rice Pilaf	Baked Potato w/ Sour Cream	Rice (in the Casserole)	Roasted Potato	French fries w/ Gravy	Scallop Potato
Green Veg	Green and Yellow Zucchini	Greek Salad	PEI Mixed Vegetables	Cesar Salad	Green and Yellow Beans	Coleslaw	Peas
Colour Veg							Cream Corn
DESSERT	Cream Puff w/ Berries	Bread Pudding w/ Caramel Sauce	Date Square	Cupcake	Flavoured Ice Cream	Cheesecake	Rhubarb and Strawberry Pie w/ Ice Cream

ALWAYS AVAILABLE: TOSSED SALAD, ASSORTED JUICES, WATER, MILK, TEA, COFFEE, FRUITS, VANILLA ICE CREAM, YOGURT

SNACKS AVAILABLE: IN THE MACKAY LOUNGE & 2ND FLOOR AT 10AM, 3PM, 7:30PM